

LIFE

Challenge

of Southeastern Michigan

ENLIGHTENING to the Good News

EMPOWERING through Relationship

EQUIPPING for Service

WOMEN'S CENTER RULES AND REGULATIONS

(Revised 2/23/05)

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Life Challenge
Women's Center Rules & Regulations
THE MINISTRY OF LIFE CHALLENGE

HISTORY

Life Challenge (LC) was conceived in 1965 under the name of Detroit Teen Challenge, as the result of area ministries and churches having a burden for young men and women with life-controlling problems. It was patterned after and loosely associated with New York Teen Challenge founded by David Wilkerson of "The Cross and the Switchblade."

Since its beginning, Life Challenge has graduated over 1,000 students from its 1 year program. Aside from the fact that most students are no longer teens (minimum age — 18), little has changed over the years. We are still reaching troubled individuals who recognize their need for spiritual intervention.

Life Challenge operates with its own Board of Directors under the auspices of the Assemblies of God — Michigan District. It is further affiliated with National Teen Challenge of Springfield, Missouri, headquarters of the Assemblies of God.

Life Challenge is a non-profit, tax-exempt, ecclesiastical corporation. As such, Life Challenge receives no federal, state, or local monies. Support is provided strictly through caring individuals, churches, companies, and our own work efforts. The only charge assessed to students for the entire year is a \$700.00 induction fee to be paid upon entry.

PHILOSOPHY

There are large numbers of people needing "help" with life-controlling problems such as drug addiction and alcoholism. We serve the segment of this population who have come to recognize specifically their need of Jesus Christ and the salvation He offers. We do not mandate a "level of spirituality" as a basis for entrance, but we do look for individuals who want more than just a "quick cure."

We are a highly structured Christian discipleship program. To that end, we have chapel and Bible classes 5 days a week. We attend Brightmoor Christian Church in Novi on Sundays and Wednesdays. We have formal times of prayer and testimony several times a week. We also have daily work responsibilities required of each student.

We have capacity for 75 students — 65 men and 10 women. The average age of our students is just over 30. The variety of students is great — socially, economically, educationally, and religiously. Most come from southeastern Michigan, but many are referred from other states. Between 10 & 15% of our students are on some form of probation — some having been directed to us through the court system. However, we are not a "penal institution."

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STATEMENT OF FAITH

As members of the Body of Christ, we believe in the essential doctrines of the Christian faith, those being:

The Scriptures: We believe that all the books of the Old and New Testaments, given by divine inspiration, are the written word of God, the only infallible, authoritative rule of faith and practice.

The Godhead: We believe that there is one God — one in essence, existing eternally in the three persons of the trinity: Father, Son, and Holy Spirit.

The Christ: We believe in the deity of Christ, His virgin birth, His sinless life, His miracles, His vicarious and atoning death through His shed blood, His bodily resurrection, His ascension to the right hand of the Father, and His personal return in power and glory.

The Man: We believe that man was created good and upright; however, by voluntary transgression fell and thereby incurred not only physical death but also spiritual death by which is separation from God.

The Salvation: We believe that salvation comes only by grace through faith in Jesus Christ. We believe that those who are in Christ will be raised to dwell with Him forever.

The Holy Spirit: We believe in the present ministry of the Holy Spirit, who gives gifts for the edification of the church and by whose indwelling the Christian is enabled to live a godly life.

The Church: We believe in the one holy universal church which is called to glorify God through worship, the mutual edification of believers, and the evangelization of the lost.

Life Challenge Women's Center Rules & Regulations

General Rules

1. No Smoking
2. Possession of drugs, alcohol, cigarettes or other tobacco products are grounds for immediate dismissal.
3. All prescribed medications must be approved and kept in the staff office. **Note:** *Life Challenge does not accept students who have mental/emotional issues that require medical supervision, medication, and/or psychiatric care.*
4. Talk about past street life, drugs, etc. is prohibited.
5. No cursing, slang, or racial slurs.
6. Communication with members of the opposite sex—including talking, writing, hand gestures, eye contact, touching, etc.—is grounds for immediate dismissal.
7. Talking with neighbors/strangers—including children—is prohibited. (staff children okay)
8. It is expected that students comply with the daily regimen physically, mentally, and spiritually. Life Challenge is not a medical facility and is not staffed as such. Neither is Life Challenge staffed in such a way as to be able to accommodate ongoing and regular medical appointments for students with such needs. In light of this, Life Challenge reserves the right to require that a student with such needs take a Medical Leave of Absence until such a time as the medical issue(s) is resolved.
9. Proper respect is to be given to all Life Challenge staff and volunteers. This includes addressing each with the title “Brother” or “Sister” and then their name.
10. A student's personal property may be examined at any time by a staff member.
11. A student is not permitted to leave the property without permission from a staff member. In the event that a student does leave (even for 5 minutes), the student will be considered dismissed and will have to re-apply for admittance once again. A \$700 re-entrance fee along with one month added and five hours work detail will be issued should a student be permitted to return.
12. A student must be grateful and not complain.
13. A student must be on time and ready for all scheduled activities.

Student Contraband Policy

(Contraband = items students are not allowed to have in rooms.)

1. All food items: including but not limited to, candy bars, chips, cookies, peanuts, fruit, and crackers. The only food items allowed are individually wrapped hard candy.
2. All beverages: the only beverage allowed in the room is water. Absolutely no coffee!
3. All medications: vitamins, cough syrup, and laxatives. The only “medications” allowed are antacids and cough drops.
4. All monies: currency, food stamps, checks, credit cards, ATM cards, money orders.
5. Radios and televisions are not permitted.
6. Magazines and newspapers.
7. Any weapons. This includes any object deemed potentially dangerous by the staff. Scissors and razor blades would be included in this description.
8. Stamps.
9. All glue (model, wood, paper).
10. Mouthwash: any brand containing alcohol.

Life Challenge Women's Center Rules & Regulations

Student Contraband Policy, *Continued*

11. Matches and lighters.
12. Dice or computer games.
13. All cassettes and videos must be pre-approved (only praise and worship) by the proper authorities.
14. While in lower growth the only books permitted are Bible reference books. Once in middle growth pre-approved Christian books are allowed.
15. Cellular phones are prohibited.

Student Literature Policy

Only literature (e.g., books, pamphlets, brochures, etc.) approved by the administration of Life Challenge is permitted on the premises. Objectionable materials (i.e., literature in conflict with the goals and mission of Life Challenge) will be discarded if not taken off the property when requested.

While a student has the right to hold to doctrinal and philosophical positions not endorsed by Life Challenge, the student is not to subvert what is taught in the program or attempt to negate the influence of Life Challenge on others in the program. Questions concerning what is taught in class should be directed to Life Challenge appointed instructors and advisors.

Note: *Students found with any of the above items will be subject to discipline. Repeat violators will be subject to dismissal. All food and beverage items confiscated become the property of Life Challenge. Money and other tangible articles will be directed to the proper authorities for the student to send home.*

(revised 1/3/05)

Life Challenge Women's Center Rules & Regulations

Tolerance: Acceptable Practices Policy

Tolerance is not the acceptance of all ideas as equal; it is the willingness not to attempt to subdue contrary ideas to ones own by coercive means. Life Challenge is a highly structured Christian discipleship program. As such, LC promotes and propagates Christian ideals. Our motivation to be accepting and tolerant does not imply an endorsement of any and/or every kind of practice, nor does it mean that we count every kind of ideology as equally valid. On the contrary, we are called not only to abandon ungodly practices and reject false ideas but also to wage war against them and subdue them. St. Paul says so in **2 Corinthians 10:3-5**:

“For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”

It may appear to be a contradiction when on the one hand it is said that LC seeks to be a culture of true freedom, acceptance and tolerance but on the other hand say that we are called to wage war against and subdue false ideas. The key is that in an Evangelical worldview, false ideas *are fought against* but in *non-coercive ways* (by “Evangelical” we mean that worldview that regards God as sovereign over all, but good, revealed perfectly through his Son and objectively in the holy Scriptures, and has accomplished redemption *by* the death of Christ and *for* all who believe in his name). Coercive persuasion would include devices such as *harassment, intimidation, discrimination, deception, manipulation, violence and/or force*. These are sinful in the Evangelical worldview and the use of such is sinful, even if it is to achieve a “righteous” end.

The apostle Paul, who plainly sought to “persuade men” (2 Cor. 5:11) and “win as many as possible” (1 Cor. 9:19b) to the truth of Christ *did not use coercive means to do so*.

Other pertinent Scriptures include:

- “... We have renounced secret and shameful ways; we do not use deception, nor do we distort the word of God. On the contrary, by setting forth the truth plainly we commend ourselves to every man's conscience in the sight of God.” – **2 Cor. 4:2-3**
- “For the appeal we make does not spring from error or impure motives, nor are we trying to trick you. On the contrary, we speak as men approved by God to be entrusted with the gospel. We are not trying to please men but God who tests our hearts. You know we never used flattery, nor did we put on a mask to cover up greed —God is our witness. We were not looking for praise from men, not from you or anyone else.” – **1 Thessalonians 2:3-6a**
- “Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. And the Lord's servant must not quarrel; instead, he must be kind to everyone, able to teach, not resentful. Those who oppose him he must gently instruct, in the hope that God will grant them repentance leading them to a knowledge of the truth, and that they will come to their senses and escape from the trap of the devil, who has taken them captive to do his will.” – **2 Timothy 2:23-26**

Life Challenge Women's Center Rules & Regulations

Life Challenge promotes freedom in the sense that LC forces no one to come here or stay here. Nor is anyone restrained from leaving here. Freedom and tolerance is also promoted in that we do not require that anyone ascribe to the Christian faith in order to gain induction into the program. Nor does LC penalize anyone in any way if they persist in their non-adherence to Christian teaching during their tenure in the program. A student's graduation is not contingent on his or her "coming to faith in Christ," as important as that is to us.

This does not mean, however, that LC is restricted in any way from seeking to persuade men and "win as many as possible" by means of the plain and passionate presentation of the gospel of Jesus Christ, using the resources of biblical truth and plain reason. Particularly, in light of the fact that all who apply for admission to LC should fully understand that it is a Christian program. At LC, we are free to pursue (what we believe to be) the highest welfare of those who become our constituents—the salvation of their souls—in such a way that does not violate a student's freedom of choice or any other basic human right. We are also free (within the context of our program) to constrict whatever **conduct, evident attitudes, and/or practices** that would be counterproductive to the mission and goals that LC seeks both for every student, individually, and the body at large and is in keeping with what is laid out to every applicant of LC in personal interviews and in the LC rules and regulations. In line with this, LC is free to restrict the use of whatever **materials, religious artifacts and/or practices** that would promote an anti-Evangelical ideal (such as the public praying to the Virgin Mary or to Allah or the reading of the book of Mormon, or the use of cultic artifacts etc.).

(revised 1/31/05)

Life Challenge Women's Center Rules & Regulations

Music

- Music is NOT to be played during business hours (8:00 a.m. to 5:00 p.m.).
- With the exception of days/nights off, staff and interns are NOT to use walkmans.
- Secular music is prohibited both in the building and in the vehicles.

Music Philosophy

Life Challenge is governed by several principles when it comes to our policies on the use of music among students:

1. **We want to facilitate a culture that glorifies God in every way** – (1 Corinthians 10:31; 1 Peter 4:11) – we want students to engage constantly with music that both *honors* God (fostering both the fear that he deserves) and *praises* him (communicates his desirableness and beauty) – see (Ps. 92:1-3; 81:1-2)
2. **We recognize music to be a powerful “shaper” of culture** – People’s *thinking is effected by how they feel and see*. The arts (such as music) can be tremendously influential when it comes to setting moods, arousing affections, and shaping feelings.

In light of this, it is our endeavor at LC to direct students in the use of various art forms (i.e., music) as stimulators toward the worship of God, with the objective of *seeing their imaginations purified by the beauty of God*. In addition, great care is given to the avoidance of the use of art forms that would stimulate corrupt and sinful passions in the thinking and imagination.

3. **In a culture like that of Life Challenge, freedoms have to be modified, in consideration of others, so that stumbling blocks are decreased** – “*Be careful...that the exercise of your freedom does not become a stumbling block to the weak (1 Cor. 8:9).*” Not only the content, but the sound and style of some music can be agitating and even offensive to some. In some cases, moods and memories stirred by certain styles of music (even though it is called “Christian”), could contribute to someone’s spiritual downfall. It is necessary, then, that we confine the music to which students listen to a range of styles that would be least offensive to the most amounts of people. In addition, *ambiguous* (where it is difficult to determine *who* or *what* a song is talking about) and/or even *suggestive* lyrical content (where the language could actually point to some sinful meaning, unintentionally) must be carefully managed (even when it is couched under the heading of “Christian music”).

(updated 2/23/05)

Life Challenge

Women's Center Rules & Regulations

Dress Code

1. Clothes must be clean and mended. (No holes or wrinkles).
2. Showers must be taken daily.
3. Knuckles and nails must be kept clean.
4. Deodorant must be used daily.
5. Robes and slippers must be worn outside and inside of the bedroom after dinner. (No bare feet).
6. Tops should not have a low back or front neckline. All tops must have at least a noticeable cap sleeve over the shoulder. No tops that would expose the midriff when arms are raised should be worn. Sheer blouses must be worn with a camisole. No blouses with sheer sleeves.
7. No clothing depicting or supporting racial or gang distinctions is permitted. No bandanas.
8. Dress and skirt length must be below the knee. No high slits, (The slit may only be 2 inches above the knee.) Staff reserves the right to make the call on whether or not a piece of clothing is appropriate and the student must comply.
9. No sleeveless, cut off, see through, fishnet, or tight fitting shirts are allowed.
10. Extreme styles such as punk, worldly fad, or loud, shiny or glittering clothing is not permitted.
11. Shoes must be clean, tied at all times, and worn until after dinner.
12. Jeans or dress pants may only be worn during designated times. (No immodestly tight pants or patches).
13. Shorts three inches above the knee are permitted during designated times. No biking shorts. Bathing suits are permitted only for swimming and must be one piece with low cut bottom and high cut top with no cut-outs. They must be modest.
14. Dresses or skirts with a blouse with dress shoes are to be worn to church. Dresses or skirts with a blouse may be worn for chapel and classes. Panty hose (with no designs) are always to be worn for church, chapel and classes. (In the summer, pantyhose are optional if closed-toed shoes are worn.)
15. Underclothing is required at all times.
16. Learn to apply your cosmetics skillfully so that other will be aware of your loveliness, not your make-up. No excessive quantities or colors. No black lipstick or nail polish will be permitted. If makeup is worn, it must be with moderation.
17. No extreme hair styles such as punk (no wet look mousses). Hair must be kept out of your face.
18. Earrings must be identical and one earring per ear, on the bottom of the lobe, not on the side or in the cartilage. Earrings no larger than 1" in width or length may be worn.
19. Nail polish may be worn. No nail jewelry. Nails must look neat, clean and modest. No dark colors, only iridescent.
20. Lending or exchanging or clothing is not permitted.

(revised 1/7/05)

Life Challenge

Women's Center Rules & Regulations

Dorm Rules

General Conduct

1. Going into another student's bedroom is prohibited – this is defined as “breaking the plane of the door.”
2. Bedroom doors must remain open at all times, except on Sundays.
3. No sleeping or lying on the beds between morning wake-up and lights-out (except Sundays). No sitting on beds, must use chairs or the floor.
4. No holes are to be put in the walls by students.
5. All showers are to be (5) minutes in length, to conserve water. An additional (5) minutes is permitted to get undressed and (5) minutes to get redressed. Students must be on time for showers.
6. Leaving rooms without permission between lights out and 4:30 a.m. – except for bathroom needs (after 12:00 a.m.) is prohibited.
7. Failure to do exercises (without a doctor's letter) will result in discipline.
8. Lights or fans left on will result in the confiscation of the light bulb or fan for a period of time, or discipline.
9. Women should never remain in their undergarments other than when changing clothes.

Room Cleanliness

1. Dresser/desk drawers: organized neatly by category (i.e., underwear should be separate from socks, etc.). Clothes should be folded neatly; drawers should be closed all the way; handles should be on tight.
2. Dresser/desk tops: avoid “cluttered” look. They should be organized and neat. No toiletries or school supplies are to be on the top of the dressers. Decorative items only are permitted and in moderation.
3. Chairs in bedrooms are to be neatly arranged; tucked under desk where applicable.
4. Beds: pillows are to be arranged neatly at the head; blankets/bedspreads are to be folded neatly; items under the bed are to be neatly arranged.
5. Dirty clothes are to be put into a container with a lid, sealing in possible odor; clothing is to be washed weekly in the lower level.
6. Floors: should be vacuumed and swept; shoes on the floor should be organized neatly.
7. Walls: no nails or screws may be put in the walls by students.
8. Closets: must be clean; shelves organized neatly; clothes hanging properly (not on hooks); floors neat.
9. Trash cans must be emptied daily and scrubbed monthly.
10. Drapes must be hanging freely and neatly.
11. Shades are to be up and uniform.
12. Dusting should be done on all horizontal areas daily.
13. Windows/Mirrors are to be clean.

Life Challenge Women's Center Rules & Regulations

House Rules

- 1.** Turn off lights when the last person leaves a room
- 2.** Student do not answer the door, get the mail, or answer the phone.
- 3.** Student must not touch the thermostat.
- 4.** Students must ask for permission before entering the staff office.
- 5.** Students are never allowed in the front of the house or backyard without staff approval.
- 6.** No student may get food or drink from the kitchen without staff approval.
- 7.** Those on kitchen duty must wash their hands before each meal. It is also important that all students wash their hands before meals due to sanitary reasons.
- 8.** The cook and kitchen staff is responsible for serving food and getting needed items from the kitchen and refrigerator.
- 9.** Students must eat whatever food is taken. No wasting food. Wasting food will result in discipline.
- 10.** Students are allowed one cup of tea or coffee at breakfast time.
- 11.** Snack nights are Tuesday, Friday. Students may have pop, chips, candy, etc. or two cups of coffee (of their own). Moderation is expected.
- 12.** Student wanting to fast a meal must have staff's approval first.
- 13.** Students must not leave personal items (shoes, books, clothes, etc.) out of place in any part of the house.
- 14.** No yelling or shouting of names, etc.

Life Challenge Women's Center Rules & Regulations

Appointment/Medical Procedures

A. Appointment Procedures

1. All appointments are to be made on the student's day(s) off. Other/Medical/Court form is to be filled out by the facility at which the appointment has been made.
2. For unavoidable appointments (court/emergency medical), students are to follow the procedures below:
 - a. The "Appointment Request Form" is to be completed and turned in to staff.
 - b. No appointments are to be made without staff approval.
 - c. Court dates are to be communicated to staff as soon as the information is known.
 - d. The "Money Request Form" is to be completed if money from personal account is needed.
 - e. Transportation is to be arranged through staff.
3. A student overseer will accompany the student and hold all money for all persons leaving the property.
4. Students are to go to the pre-approved appointment place via the most direct route and return via the most direct route. **No additional stops are to be made.**

B. Medical Leave Procedures

1. Consideration for a medical leave will be based on either a doctor's letter or the recommendation of the Women's Supervisor.
2. Medical leaves will be dispensed in 1-week increments (1 week, 2 weeks, etc.)
3. All medical leaves that do not exceed a period of fourteen (14) days will result in the deduction of student pass time as a compensation for days that were missed. In this case, a student would not have her graduation extended.
4. All medical leaves from 15 to 30 days will result in the addition of one month to the student's graduation date. All leaves from 31 to 59 days will result in the addition of two months to the student's graduation date.
5. Lower growth students who exceed 6 weeks on medical leave will be required to re-start their academic year upon re-admittance.
6. If a student's medical leave of absence is 59 days or less she will be able to re-enter the program with academic credit for the months previously completed. Partially completed academic months will not be accredited.
7. In the case where a medical leave of absence exceeds 59 days (60 days or more), that student will be required to re-start an academic year from the beginning. She will not receive credit for any academic months previously completed. If the student has complied with all other medical leave policies; she will be allowed to re-enter with no entrance fee.
8. Students must take all belongings with them while on leave.
9. Students must call every three (3) days to the center and speak to either the Women's Supervisor or the Head Counselor.
10. Upon returning the student **MUST have in hand** a letter from a doctor clearing her return to Life Challenge. The doctor should also be told he may receive a call from a Life Challenge representative.
11. Anyone who initially required a return travel ticket must again return with one.
12. The student must call for re-entry date and give exact arrival time.
13. Exceptions to any of the rules must be made in advance by the Program Administrator.

Life Challenge Women's Center Rules & Regulations

Appointment/Medical Procedures, *Continued*

14. Failure to comply with these guidelines will be seen as the student's voluntary departure from the program.

Note: A returning student must make-up his academic work (if that is required in a particular case) BEFORE there is any return to other student activities. That is NO extra-curricular activities (sports, outside ministries) or student job requirements in the various LC departments until he is caught up. The Education Department will release the student for normal or unrestricted activities immediately upon his successful completion of past due work.

C. Medication Policy

1. Students must withdraw from drugs and alcohol prior to being admitted to the Life Challenge program.
2. Mind/mood altering drugs used to treat anxiety, depression, bipolar or sleep disorders are not permitted at Life Challenge. If you are currently taking these types of medications, you must detox under the care of a doctor and have a written release form signed by the same doctor prior to entry.
3. Narcotic pain relievers such as Tylenol III, Vicodin, etc., are prohibited at Life Challenge.
4. Over-the-counter medications such as Nyquil, Tylenol PM and mouthwash are not permitted at Life Challenge.
5. All medications must be pre-approved by a staff member.
6. All medications will be kept in the locked medication closet.
7. All medications must be labeled by the manufacturer and/or pharmacy to be permitted.
8. All medications are to be taken as prescribed and taken with a staff member present.

Student Accounts

1. All student money will be kept in a personal account at Life Challenge.
2. Money will be available for student desires and needs.
3. Students may spend money in the following ways:
 - a. Days off
 - b. Commissary
 - c. Medical needs
4. Students are not permitted to spend money on "wants" until financial obligations (induction fee) to Life Challenge have been satisfied.
5. Any money received through exposure due to Life Challenge becomes the property of Life Challenge and will be directed into the general fund for expenses.

Life Challenge

Women's Center Rules & Regulations

Academic Information and Rules

1. **Classes:** Each student is required to attend classes Monday through Friday as Scheduled. There are four "major" classes and one "minor" class for each level.
 - a. A major class meets twice each week. Homework is required. Tests are given at the end of the month.
 - b. A minor class meets once a week. No homework is given nor are there tests **BUT** the teacher will require that notes be taken and shown at the end of the month. A grade of "pass" or "fail" will be given based simply on meeting the requirements for classroom note taking or work.
2. **Grades:** Grades are calculated cumulatively for the duration of the class.
 - a. Most classes are three months in length. Some upper growth classes are six months long. Since the grade is cumulatively added, a person may pass for a given month but still be failing in that class until their average is raised above the passing mark. Each teacher weighs homework and testing as he chooses.
 - b. The following parameters are used for determining grades:

A+	=	97.5	to	100	B-	=	82.5	to	85.49	D	=	67.5	to	70.49
A	=	94.5	to	97.49	C+	=	79.5	to	82.49	D-	=	64.5	to	67.49
A-	=	91.5	to	94.49	C	=	76.5	to	79.49	F	=	Below		64.5
B+	=	88.5	to	91.49	C-	=	73.5	to	76.49					
B	=	85.5	to	88.49	D+	=	70.5	to	73.49					

3. **Ineligible List:** Each month grade reports are made for each student. Any student whose cumulative grade for a major class is an "F" will be placed on the ineligible list for at least **2 weeks**. (The first two weeks/weekends of the academic month). The same penalty applies to a student receiving the grade of "Fail" in a minor class. Students who are ineligible will face the following restrictions.
 - a. Mandatory attendance at a special study hall during free time. (Tuesday & Friday nights)
 - b. No Pass time granted.
 - c. Participation in sports or other extracurricular activities is prohibited. (This includes choir, nursing home, softball, etc.)

Note: *The student will be expected to work. As such, she may remain on various work crews provided a minimum of 1 (one) afternoon of study hall time per week is extended to her. Certain cases may require special review by the supervisors.*

4. **Literacy Problems:** Students having reading difficulties may be required to attend special tutoring sessions during the week. Severe reading disabilities may require additional time added to the minimum 12-month program (e.g., 3 months).
5. **Graduation Policy:** A student will be considered "graduated" if she either has a passing cumulative score or is passing the final month in all classes.

Note: *If a student has not completed the academic requirements for graduation but wishes to become a graduate, she may remain as a student for one (1) extra month. All cumulative grades will be wiped out and she will be given every opportunity to pass all classes in this extra month. This may include open book tests, etc. as determined by the Education Department. If the student shows a cooperative attitude she will pass this extra month and will then be considered a "graduate."*
(revised 6/16/04)

Life Challenge Women's Center Rules & Regulations

Visitation Procedures

- 1-3 weeks: no letters, phone calls, or personal visits are permitted.
- After 3 weeks: letters, one (10 minute) weekly phone call on assigned days, personal visits on Sundays are permitted.

Note: Letters and phone calls permitted to the following family members: parents/grandparents, siblings, spouses (legal, not “common law”), children, pastors (accompanied by wife only). NO FIANCÉES, NO FRIENDS (Unless approved by Women's Director), NO UNCLES.

A. Sunday Visits

1. Regular visits on Sundays and when necessary may be switched to Saturday.
2. Visiting hours: 1:30 – 4:30 p.m.
3. No smoking, drugs, and/or alcohol is permitted on the property.
4. Visitors are to follow the dress code of the students. No short shorts or “sensual” attire.
5. No public display of affection between members of the opposite sex is permitted beyond an initial and closing embrace.
6. No vulgar or profane language is to be used either by students or visitors.
7. Visitors must stay in the designated areas: dining room, living room, and outside. ABSOLUTELY NO PERMISSION GRANTED TO ENTER DORMITORIES.
8. Visiting in vehicles is prohibited.
9. Students are not to leave the premises with their guests.
10. No music (including radios, tape recorders, or instruments) is permitted.
11. All items for the student brought by the visitors must be cleared through staff first.

Procedure for clearance:

- a.) visitors should hand packages to staff
- b.) staff will search the packages
- c.) staff will return package to visitor or student

This procedure is to include:

- | | | |
|------------------------|-------------------|----------------|
| a.) mail/stamps | b.) money | c.) medication |
| d.) music & literature | e.) miscellaneous | |

14. Visitors are not to receive any out-going mail from students.

Life Challenge
Women's Center Rules & Regulations

Visitation Procedures, *Continued*

B. Days Off

1. Students are expected to speak and behave in a Christ-like manner on their days off.
2. Time off is a privilege and contingent on progress and behavior.
3. No time off is permitted during test week.
4. Any student on the "ineligible list" will not receive time off during the 2-week period of ineligibility.
5. Students leaving town must make prior arrangements if transportation is needed. The fee is \$5.00 to the bus stop and \$10.00 to the airport (each way – meaning when the student is dropped off at the beginning of their time off and when they are picked up at the end of their time off) and must be supplied at the time of delivery.
6. Any student arriving after the approved time limit will be considered as having left the program and will have to go through the standard re-admittance process.
7. At the completion of 6 months a student is eligible for a 16-hour pass.
8. At the completion of 9 months a student is permitted to have a 3-day pass from 12 p.m. Friday to 5:00 p.m. Sunday.
9. At the beginning of the 12th month, a student is permitted to have 3 consecutive weekend passes from 12:00 p.m. Friday to 5:00 p.m. Sunday.
10. When a student returns from time off the following must occur:
 - a. She must check in at staff office before returning to her room.
 - b. Staff must inspect all goods the student brings into the center from her time off.
 - c. The student must be subject to a personal inspection.

Life Challenge Women's Center Rules & Regulations

Church Rules

1. Students must have appropriate clothing (see dress code section).
2. Students must sit in designated rows.
3. Students must stay in the group and enter the sanctuary before the service begins.
4. Students must have a complete Bible with Old and New Testaments (preferably NIV).
5. Conversation volume must be held to a "respectful" level. Talking should be kept to a minimum.
6. Those having a minimum of three weeks in the program are eligible to sit with their approved visitors in a reserved section. (Visitors that are late serve as the exception).
7. Immediately after the service, students who are sitting with visitors are to take their normal places with the student body.
8. No candy or gum chewing is allowed in services.
9. Students are not to put their arms on the backs of the pews.
10. Notes on the sermon must be taken by all students.
11. Students must stay awake.
12. When going to the altar, students must stay to the right of the communion table.
13. Students must never walk around the church unattended by a staff member.
14. Leaving for bathroom needs during a church service is not permitted.
15. Looking at or communicating with members of the opposite sex is forbidden.
16. No unsolicited contact with any church member.
17. Students are not to fill out the "Heartbeat" or "To the Pastor" cards. Prayer Requests at Revival Tabernacle are okay.
18. Students are to follow the lead of the church: no independent clapping, singing or standing.
19. No public prophesying or interpreting of tongues is to be done by the student body.
20. Students are not to go to the microphones for testimonies, prayers, or pray at the altar with another student until they are in upper growth.
21. No student is permitted to ride with anyone to and/or from church. Permission may be granted after 3 months with prior approval from the Program Director.
22. No giving out of addresses/phone numbers.

Life Challenge Women's Center Rules & Regulations

Discipline Procedures

Discipline is an integral part of Life Challenge. The purpose of discipline is to *correct* – NOT to punish – rebellious behavior by bringing it into conformity with what has been prescribed. In addition to the written rules and regulations there may be unwritten directives related to specific situations which students will be required to follow and which will be in keeping with principles already established in the written rules. Insubordination to these directives will result in discipline. The types of discipline used are as follows:

1. Point System
2. Essays – These are papers on a given topic that the staff will assign to the student. These vary from 100-5000 words depending on severity of violation. The student will have a time to complete the essay. Lateness will result in further discipline.
3. Days off backed up/taken away – scheduled days off are either backed up a set amount of time or are taken away altogether (see Days Off section).
4. Time added on – graduation date is postponed a set amount of time.

Note: *As with any discipline, the student will have the "right" to appeal to the proper authorities should he feel an injustice has been done.*

5. Dismissal

A student's residency at Life Challenge is at the will of Life Challenge and Life Challenge reserves the right to dismiss a student at any time for any reason. If a person is expelled from the program, the following guidelines will apply should the student desire readmittance*:

- a.) A student must wait a minimum of two weeks before applying for readmission. [No readmissions are guaranteed and will be subject to the review of the Executive Director (Bro. Jeff) and the Women's Supervisor.]
 - b.) If the student reapplies within 30 days of his dismissal there will be the *possibility* of accreditation for the academic months he previously completed. In this case, the student will have one month added on to his projected date of graduation.
 - c.) Any student who exceeds 30 days before reapplying for admission will automatically be required to re-start the academic year, regardless of how many academic months he had completed prior to his dismissal.
 - d.) A reinduction fee of \$700 will be assessed;
 - e.) A probationary period of 30 days will be applied to the student, during which the student may be immediately dismissed for offenses leading to the probation;
 - f.) A returning student must make up his academic work (if that is required in a particular case) BEFORE he will be released to participate in other student activities, i.e., extra-curricular activities – sports, outside ministries, or any job within a Life Challenge department – until his academic work is caught up. The Education Department will release the student for normal or unrestricted activities immediately upon his successful completion of past due work.
7. Privileges taken away.

**Life Challenge reserves the right to refuse any and all requests for readmittance.*

Life Challenge

Women's Center Rules & Regulations

Schedule

WEEKDAY SCHEDULE	WEEKEND SCHEDULE
<p><u>Monday - Friday Daytime Schedule</u></p> <p>5:45 a.m. Wake-up 6:00 a.m. Exercise 6:30 a.m. Breakfast 6:45 a.m. Medication / Get ready for School 7:40 a.m. Leave for Center 8:05 a.m. Chapel 9:45 a.m. First Hour Class 10:45 a.m. Break 11:00 a.m. Second Hour Class 12:15 – 1:00 p.m. Lunch/Prayer Medication upon return to house 1:30 – 2:15 p.m. House chores 2:30 – 4:30 p.m. Work crews or study hall 4:30 p.m. Free time 5:00 p.m. Dinner</p> <p><u>Monday, Thursday Evenings</u></p> <p>6:15 – 9:00 p.m. Study Hall 9:00 p.m. Medication 9:30 – 9:50 p.m. Devotions 10:00 p.m. Lights Out</p> <p><u>Tuesday Evenings</u></p> <p>6:15 p.m. Free Time / Snack Night 9:00 p.m. Clean Up / Devotions (go to bed early) 10:00 p.m. Lights Out</p> <p><u>Wednesday Evenings</u></p> <p>6:25 p.m. Leave for Church 9:00 p.m. Free Time / Reverence Go to Bed early, Medication after Church 10:00 p.m. Lights Out</p> <p><u>Friday Evenings</u></p> <p>7:00 – 9:00 p.m. Free Time / Snacks / *Flex Time 9:00 p.m. Medication 9:30 – 9:50 p.m. Devotions 9:50 p.m. Get ready for Bed 10:00 p.m. Bed Optional 11:00 p.m. Lights Out</p>	<p><u>Saturday Schedule</u></p> <p>7:15 a.m. Wakeup 7:30 a.m. Breakfast 7:50 a.m. Medication / Clean Rooms 9:00 a.m. Chapel 10:00 a.m. Household Chores 12:00 p.m. Lunch 12:20 p.m. Medication 1:00 p.m. Work Crews 4:00 p.m. Free Time 5:00 p.m. Dinner 5:20 p.m. Medication 7:00 p.m. Bible & Kingdom Works 8:30 p.m. Clean Up / Chores 9:00 p.m. Medication 9:05 – 9:25 p.m. Devotions 10:00 p.m. Lights Out</p> <p><u>Sunday Schedule</u></p> <p>7:30 a.m. Wakeup 7:45 a.m. Breakfast 8:00 a.m. Medication / Get ready for Church 9:15 a.m. Leave for Church 12:30-1:00 p.m. Lunch 1:30 p.m. Visitation / Free Time 4:30 p.m. Visitation Ends – <i>subject to change depending on rally schedule</i> 4:35 p.m. Medication / Get ready for church 5:25 p.m. Leave for Church 8:30 p.m. Quiet Time (Medication directly after Church – go to bed early) 10:00 p.m. Lights Out</p>

*Flex time to be used as needed

Schedule revised 2/23/2005

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